

# Ahmedabad: Home-based Worker Health & Safety

In order to understand the main occupational health challenges and hazards home-based workers face in Ahmedabad, India, a survey was undertaken with a total of 200 women workers, split across four groups: kite makers, incense rollers, bidi makers and garment workers.



96% reported exposure to ergonomic hazards.



74% reported exposure to Chemical hazards.



98% reported not using any protective equipment at work.

## Mental health is a significant problem:



60% of the workers reported feeling tired all the time.



55% reported feeling tense and worried all of the time.

## Workers' illness or injury affects their ability to work & earn a living:



Illness and accidents had caused 15% of workers to miss work in the previous 12 months.



7% of workers believed that this illness or injury was linked to work.

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## Kite makers are more likely than other groups to suffer joint pain:



65% reported pain in the wrist.



42% reported pain in the ankles.



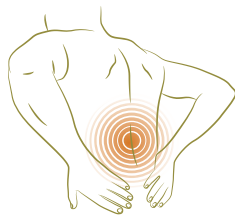
58% reported pain in the elbows.



49% reported pain in the shoulders.

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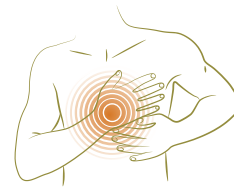
## Garment workers are more likely than other groups to suffer from:



34% back ache.



45% blurred vision.



46% hypertension.

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## Bidi makers most likely to suffer from:



80% Dizziness.



65% body cramps.



41% blurred vision.